

*Proceeds
to benefit
Dream Day on
Cape Cod*

Date: Saturday, 10/22/11
Start Time: 9:00 a.m.

Same day registration starts at 8:00 a.m. or pre-register online at www.capecodathleticclub.org by 10/20/10.

Entry fee: \$20/participant
t-shirt for first 50 runners/walkers.

Start / finish at Oyster Pond Parking Lot, Chatham, MA. Post-race celebration at the Red Nun Bar & Grill, 746 Main Street, Chatham, MA.

Contact person:
Kathleen Giorgio
774-994-7346 or thenunrun@gmail.com

For more information about Dream Day on Cape Cod visit www.dreamdayoncapecod.org.

*Red Nun Bar and Grill
5th Annual*



Prizes for top male and female finishers in each age division.

Be sure to join us at the Red Nun Bar & Grill (Main Street, Chatham, MA) for post-race food, prizes, raffle and more!

Make entry checks payable to Dream Day on Cape Cod

Mail form and entry fee to: _____
Name

Nun Run
c/o Dream Day on Cape Cod
PO Box 364
Yarmouthport, MA 02675
_____ Address

_____ Phone

T-shirt size: S M L X Choose: 5K run 5K walk

_____ Sex

_____ Age on race day

In consideration of my entry being accepted, I hereby for myself, my heirs, executors, and administrators, waive any and all rights and claims for damages I may have against Nun Run organizers and Dream Day on Cape Cod, and their successors and assigns, for any and all injuries suffered by me while traveling to and from, and while participating in the Nun Run. I also attest that I am physically fit and sufficiently trained to participate in the event. I also give my permission for the use of my name and/or likeness in broadcast or written accounts of the event.

_____ Signature (parent or guardian if under age 18) Date